

Evaluation of Parent Workshop

Before Session #1

"Getting Started: How to Prevent Drug Use in Your Family"

Please help us improve this program by answering the following questions. This information will be used only to evaluate the effectiveness of the program. Because the researcher must keep track of each participant's answers on this form, some identification number is necessary. Therefore, we are asking that you provide us with a four-digit code to use to keep your questionnaires together for statistical comparison purposes only. Please use the same code each time you complete one of these questionnaires. Your name will not appear on this or any other questionnaires. Thank you for your help. Please feel free to address any questions to your Workshop Leader.

1. Four-digit code:

_____	_____	_____	_____
↑ first letter of your mother's maiden name	↙ ↘ the last 2 digits of the year you were born	↗	↑ the first digit of your Social Security number

2. Workshop Information:

- a. _____
Site (building, school or church name)
- b. _____
Name of Workshop Leader
- c. _____
Name of Workshop Leader
- d. _____
Date

3. Have you ever participated in a workshop or program that dealt with parent training to prevent alcohol and drug use in children?

Yes... 1

No... 2

4. In your opinion, how important is parent involvement in preventing alcohol and other drug use among youth? (Please circle the number corresponding to your answer.)

Extremely
Unimportant

1

2

3

4

5

6

Extremely
Important

7

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5. Has your family ever held any “family meetings”? (By family meetings we mean time set aside to discuss concerns, issues, plans or decisions about family matters.)

Yes... 1

No... 2 → Go to Question 7

6. How regularly do you hold such family meetings?

- Less than once a year1
- At least once a year, but not monthly2
- At least once a month, but not weekly3
- About once a week4
- More than once a week5
- No regular schedule, but we have met at least once as a family6

7. Please indicate how much you agree with the statements below. (Circle one number on each line.)

	Strongly Agree	Agree	Tend to Agree	Neutral	Tend to Disagree	Disagree	Strongly Disagree
a. Children are no different from adults in terms of how drugs physically affect them.	1	2	3	4	5	6	7
b. Drugs that are legal for adults to use (alcohol and nicotine) are the frequent starting point for children’s drug use. They open the “gate” to use of other drugs.	1	2	3	4	5	6	7
c. Starting to use alcohol or other drugs at an early age greatly increases the risk a child will develop a drug problem.	1	2	3	4	5	6	7
d. Parents can reduce the chance their children will begin using drugs.	1	2	3	4	5	6	7
e. Children who are bonded to their families are less likely to use drugs.	1	2	3	4	5	6	7

Evaluation of Parent Workshop

Before Session #2

“Setting Guidelines: How to Develop Healthy Beliefs and Clear Standards”

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of the year you
were born

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the first digit of
your Social
Security number

2. Workshop Information:

- a. _____
Site (building, school or church name)
- b. _____
Name of Workshop Leader
- c. _____
Name of Workshop Leader
- d. _____
Date

3. After last week's session, did you hold a family meeting to plan family fun and strengthen family bonding?

Yes... 1

No... 2

I wasn't here last week... 3

4. If you answered "Yes" to Question 3 above, how well did you feel the meeting went? (Please circle the number corresponding to your answer.)

Not At
All Well

1 2 3 4 5 6 7

Very
Well

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5. Please indicate how much you agree with the statements below.
(Circle one number on each line.)

	Strongly Agree	Agree	Tend to Agree	Neutral	Tend to Disagree	Disagree	Strongly Disagree
a. Developing a family position on drugs encourages children to test and often break rules.	1	2	3	4	5	6	7
b. Parents should identify positive consequences for following rules as well as negative consequences for breaking rules.	1	2	3	4	5	6	7
c. Good family management reduces the risk of drug use.	1	2	3	4	5	6	7
d. Parents should be able to explain the reasons for any differences in positions on alcohol and other drug use for different family members.	1	2	3	4	5	6	7
e. Children can tell what their parents think about the use of alcohol and other drugs even if their parents never say so directly.	1	2	3	4	5	6	7
f. The best way to prevent drug use is for parents to simply lay down the law to their children.	1	2	3	4	5	6	7
g. Before parents can develop a clear family position on drug use, they must be clear about their own views.	1	2	3	4	5	6	7
h. Family meetings to make decisions and rules are a waste of time.	1	2	3	4	5	6	7

6. How much of Session One of the FAMILY GUIDE (Getting Started: How to Prevent Drug Use in Your Family) did you use?

- All 1
- Some 2
- None 3

7. How would you rate the value of Session One of the FAMILY GUIDE?

- | | | | | | | |
|------------|---|---|---|------------|---|---|
| Not | | | | Very | | |
| Worthwhile | | | | Worthwhile | | |
| 1 | 2 | 3 | 4 | 5 | 6 | 7 |

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**5. Please indicate how much you agree with the statements below.
(Circle one number on each line.)**

	Strongly Agree	Agree	Tend to Agree	Neutral	Tend to Disagree	Disagree	Strongly Disagree
a. To stay out of trouble with drugs, what young people need to do is say “no” and walk away.	1	2	3	4	5	6	7
b. Young people do what their friends do and there’s not much parents can do about it.	1	2	3	4	5	6	7
c. Most children are first offered drugs by their friends or family members.	1	2	3	4	5	6	7
d. Part of learning to say “no” to drugs is to suggest something different to do with friends.	1	2	3	4	5	6	7
e. Young people who refuse to try alcohol or other drugs should be prepared to lose popularity.	1	2	3	4	5	6	7
f. It’s important for family members to practice new skills together even if it makes them uncomfortable at first.	1	2	3	4	5	6	7

6. How much of Session Two of the FAMILY GUIDE (Setting Guidelines: How to Develop Healthy Beliefs and Clear Standards) did you use?

- All 1
- Some 2
- None 3

7. How would you rate the value of Session Two of the FAMILY GUIDE?

	Not Worthwhile							Very Worthwhile
	1	2	3	4	5	6	7	

Evaluation of Parent Workshop

Before Session #4

“Managing Conflict: How to Control and Express Your Anger Constructively”

Please help us improve this program by answering the following questions. This information will be used only to evaluate the effectiveness of the program. Because the researcher must keep track of each participant's answers on this form, some identification number is necessary. Therefore, we are asking that you provide us with a four-digit code to use to keep your questionnaires together for statistical comparison purposes only. Please use the same code each time you complete one of these questionnaires. Your name will not appear on this or any other questionnaires. Thank you for your help. Please feel free to address any questions to your Workshop Leader.

1. Four-digit code:

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first letter of your mother's maiden name	the last 2 digits of the year you were born		the first digit of your Social Security number

2. Workshop Information:

- a. _____
Site (building, school or church name)
- b. _____
Name of Workshop Leader
- c. _____
Name of Workshop Leader
- d. _____
Date

3. After last week's session, did you hold a family meeting to coach your child(ren) on Refusal Skills?

Yes... 1

No... 2

I wasn't here last week... 3

4. If you answered "Yes" to Question 3 above, how well did you feel the meeting went? (Please circle the number corresponding to your answer.)

Not At
All Well

1 2 3 4 5 6 7

Very
Well

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**5. Please indicate how much you agree with the statements below.
(Circle one number on each line.)**

	Strongly Agree	Agree	Tend to Agree	Neutral	Tend to Disagree	Disagree	Strongly Disagree
a. When you are angry with your child, it is always best to tell him/her immediately.	1	2	3	4	5	6	7
b. Yelling at children when you're angry with them gets the best results.	1	2	3	4	5	6	7
c. When parents are angry with their children, they should keep the specific reasons for their anger to themselves.	1	2	3	4	5	6	7
d. There are times when it's important to control your anger and not express it right away.	1	2	3	4	5	6	7
e. It's important for family members to practice anger management skills even if it makes them uncomfortable.	1	2	3	4	5	6	7
f. Everyone gets angry in his or her own way, so teaching people how to express anger is a waste of time.	1	2	3	4	5	6	7

6. How much of Session Three of the FAMILY GUIDE (Avoiding Trouble: How to Say No to Drugs) did you use?

- All 1
- Some 2
- None 3

7. How would you rate the value of Session Three of the FAMILY GUIDE?

	Not						Very	
	Worthwhile						Worthwhile	
	1	2	3	4	5	6	7	

Evaluation of Parent Workshop

Before Session #5

“Involving Everyone: How to Strengthen Family Bonds”

Please help us improve this program by answering the following questions. This information will be used only to evaluate the effectiveness of the program. Because the researcher must keep track of each participant’s answers on this form, some identification number is necessary. Therefore, we are asking that you provide us with a four-digit code to use to keep your questionnaires together for statistical comparison purposes only. Please use the same code each time you complete one of these questionnaires. Your name will not appear on this or any other questionnaires. Thank you for your help. Please feel free to address any questions to your Workshop Leader.

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2. Workshop Information:

a. _____
Site (building, school or church name)

b. _____
Name of Workshop Leader

c. _____
Name of Workshop Leader

d. _____
Date

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3. After last week’s session, did you hold a family meeting to discuss conflict management?

Yes... 1 No... 2 I wasn’t here last week... 3

4. If you answered “Yes” to Question 3 above, how well did you feel the meeting went? (Please circle the number corresponding to your answer.)

Not At All Well							Very Well
1	2	3	4	5	6	7	

5. Outside of a family meeting, did you use the conflict management skills you learned about in Workshop Session #4 in your family this past week?

Yes... 1 No... 2 I wasn’t here last week... 3

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**6. Please indicate how much you agree with the statements below.
(Circle one number on each line.)**

	Strongly Agree	Agree	Tend to Agree	Neutral	Tend to Disagree	Disagree	Strongly Disagree
a. Children should be involved in deciding what the family rules will be.	1	2	3	4	5	6	7
b. Discussions about family finances are private. Children should not be involved.	1	2	3	4	5	6	7
c. Parents should reward their children for doing chores.	1	2	3	4	5	6	7
d. Children know when their parents are pleased with them so parents don't need to say so directly.	1	2	3	4	5	6	7
e. The only way to get your children to do family tasks is to lay down the law.	1	2	3	4	5	6	7
f. Telling your children you love them only embarrasses them.	1	2	3	4	5	6	7
g. Asking your children to do chores for the family only increases their resentment.	1	2	3	4	5	6	7

7. How much of Session Four of the FAMILY GUIDE (Managing Conflict: How to Control and Express Your Anger Constructively) did you use?

- All 1
- Some 2
- None 3

8. How would you rate the value of Session Four of the FAMILY GUIDE?

Not Worthwhile							Very Worthwhile	
1	2	3	4	5	6	7		

Evaluation of Parent Workshop

After Session #1

“Getting Started: How to Prevent Drug Use in Your Family”

Please help us improve this program by answering the following questions. This information will be used only to evaluate the effectiveness of the program. Because the researcher must keep track of each participant’s answers on this form, some identification number is necessary. Therefore, we are asking that you provide us with a four-digit code to use to keep your questionnaires together for statistical comparison purposes only. Please use the same code each time you complete one of these questionnaires. Your name will not appear on this or any other questionnaires. Thank you for your help. Please feel free to address any questions to your Workshop Leader.

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Security number

2. Workshop Information:

- a. _____
Site (building, school or church name)
- b. _____
Name of Workshop Leader
- c. _____
Name of Workshop Leader
- d. _____
Date

3. How much do you agree with holding a family meeting to plan family fun and strengthen family bonding, as presented in today’s session?

- Strongly Agree..... 1
- Agree..... 2
- Neutral or Mixed..... 3
- Disagree..... 4
- Strongly Disagree..... 5

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4. Will you hold a family meeting to plan family fun during the upcoming week?

- Definitely..... 1
- Probably..... 2
- Maybe..... 3
- Probably Not.....4
- Definitely Not5

5. Would holding a family meeting to plan family fun strengthen bonds in your family?

- Definitely..... 1
- Probably..... 2
- Maybe..... 3
- Probably Not.....4
- Definitely Not.....5

6. If you hold a family meeting to plan family fun on a regular basis, will you become more effective in helping your child(ren) avoid problems with alcohol and other drugs?

- Definitely..... 1
- Probably..... 2
- Maybe..... 3
- Probably Not..... 4
- Definitely Not..... 5

GUIDING GOOD CHOICES®

**7. Please indicate how much you agree with the statements below.
(Circle one number on each line.)**

	Strongly Agree	Agree	Tend to Agree	Neutral	Tend to Disagree	Disagree	Strongly Disagree
a. Children are no different from adults in terms of how drugs physically affect them.	1	2	3	4	5	6	7
b. Drugs that are legal for adults to use (alcohol and nicotine) are the frequent starting point for children's drug use. They open the "gate" to use of other drugs.	1	2	3	4	5	6	7
c. Starting to use alcohol or other drugs at an early age greatly increases the risk a child will develop a drug problem.	1	2	3	4	5	6	7
d. Parents can reduce the chance their children will begin using drugs.	1	2	3	4	5	6	7
e. Children who are bonded to their families are less likely to use drugs.	1	2	3	4	5	6	7

8. On a scale from "0" (no value at all) to "10" (highest value), how do you rate the value of this workshop session (#1) overall in your plans to work with your child(ren) to prevent alcohol and other drug use? (Circle the number that most accurately reflects the value you think this workshop session had.)

No Value At All											Highest Value
0	1	2	3	4	5	6	7	8	9	10	

**9. How do you rate this workshop session (#1) in terms of the following?
(Circle one response number for each component.)**

		Not Worthwhile			Very Worthwhile	
a. Overall session.....	1	2	3	4	5	6
b. Activities/exercises.....	1	2	3	4	5	6
c. FAMILY GUIDE.....	1	2	3	4	5	6
d. Leaders' skills.....	1	2	3	4	5	6
e. Video segment from <i>Guiding Good Choices</i>	1	2	3	4	5	6

10. What did you like most about this workshop session (#1)?

11. How could this workshop session (#1) be improved?

4. Will you hold a family meeting to establish a family position on alcohol and other drugs during the upcoming week?

- Definitely..... 1
- Probably..... 2
- Maybe..... 3
- Probably Not.....4
- Definitely Not5

5. Would holding a family meeting to establish a family position on alcohol and other drugs help your child(ren) have a clear idea about your expectations?

- Definitely..... 1
- Probably..... 2
- Maybe..... 3
- Probably Not.....4
- Definitely Not5

6. If you hold family meetings to clarify your position on alcohol and other drugs on an “as-needed” basis, will you become more effective in helping your child(ren) avoid problems with alcohol and other drugs?

- Definitely..... 1
- Probably..... 2
- Maybe..... 3
- Probably Not.....4
- Definitely Not5

GUIDING GOOD CHOICES®

**7. Please indicate how much you agree with the statements below.
(Circle one number on each line.)**

	Strongly Agree	Agree	Tend to Agree	Neutral	Tend to Disagree	Disagree	Strongly Disagree
a. Developing a family position on drugs encourages children to test and often break rules.	1	2	3	4	5	6	7
b. Parents should identify positive consequences for following rules as well as negative consequences for breaking rules.	1	2	3	4	5	6	7
c. Good family management reduces the risk of drug use.	1	2	3	4	5	6	7
d. Parents should be able to explain the reasons for any differences in positions on alcohol and other drug use for different family members.	1	2	3	4	5	6	7
e. Children can tell what their parents think about the use of alcohol and other drugs even if their parents never say so directly. ...	1	2	3	4	5	6	7
f. The best way to prevent drug use is for parents to simply lay down the law to their children.	1	2	3	4	5	6	7
g. Before parents can develop a clear family position on drug use, they must be clear about their own views.	1	2	3	4	5	6	7
h. Family meetings to make decisions and rules are a waste of time.	1	2	3	4	5	6	7

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8. On a scale from "0" (no value at all) to "10" (highest value), how do you rate the value of this workshop session (#2) overall in your plans to work with your child(ren) to prevent alcohol and other drug use? (Circle the number that most accurately reflects the value you think this workshop session had.)

No Value
At All

Highest
Value

0 1 2 3 4 5 6 7 8 9 10

9. Please rate this workshop session (#2) in terms of the following. (Circle one response number for each component.)

Not
Worthwhile

Very
Worthwhile

- | | | | | | | |
|-------------------------------------------------------------|---|---|---|---|---|---|
| a. Overall session..... | 1 | 2 | 3 | 4 | 5 | 6 |
| b. Activities/exercises..... | 1 | 2 | 3 | 4 | 5 | 6 |
| c. FAMILY GUIDE..... | 1 | 2 | 3 | 4 | 5 | 6 |
| d. Leaders' skills..... | 1 | 2 | 3 | 4 | 5 | 6 |
| e. Video segments from
<i>Guiding Good Choices</i> | 1 | 2 | 3 | 4 | 5 | 6 |

10. What did you like most about this workshop session (#2)?

11. How could this workshop session (#2) be improved?

Evaluation of Parent Workshop

After Session #3

"Avoiding Trouble: How to Say No to Drugs"

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2. Workshop information:

- a. _____
Site (building, school or church name)
- b. _____
Name of Workshop Leader
- c. _____
Name of Workshop Leader
- d. _____
Date

3. How much do you agree with the goal of coaching your child(ren) on Refusal Skills, as presented in today's session?

- Strongly Agree..... 1
- Agree..... 2
- Neutral or Mixed..... 3
- Disagree..... 4
- Strongly Disagree..... 5

4. Will you coach your child(ren) on Refusal Skills during the upcoming week?

- Definitely..... 1
- Probably..... 2
- Maybe..... 3
- Probably Not..... 4
- Definitely Not 5

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5. Will coaching your child(ren) on Refusal Skills encourage them to apply those skills when peers pressure them to get into trouble?

- Definitely..... 1
- Probably..... 2
- Maybe..... 3
- Probably Not.....4
- Definitely Not5

6. If you coach your child(ren) on Refusal Skills on a regular basis, will you become more effective in helping your child(ren) avoid problems with alcohol and other drugs?

- Definitely..... 1
- Probably..... 2
- Maybe..... 3
- Probably Not.....4
- Definitely Not5

**7. Please indicate how much you agree with the statements below.
(Circle one number on each line.)**

	Strongly Agree	Agree	Tend to Agree	Neutral	Tend to Disagree	Disagree	Strongly Disagree
a. To stay out of trouble with drugs, what young people need to do is say "no" and walk away.	1	2	3	4	5	6	7
b. Young people do what their friends do and there's not much parents can do about it.	1	2	3	4	5	6	7
c. Most children are first offered drugs by friends or family members.	1	2	3	4	5	6	7
d. Part of learning to say "no" to drugs is to suggest something different to do with friends.	1	2	3	4	5	6	7
e. Young people who refuse to try alcohol or other drugs should be prepared to lose popularity.	1	2	3	4	5	6	7
f. It's important for family members to practice new skills together even if it makes them uncomfortable at first.	1	2	3	4	5	6	7

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8. On a scale from "0" (no value at all) to "10" (highest value), how do you rate the value of this workshop session (#3) overall in your plans to work with your child(ren) to prevent alcohol and other drug use? (Circle the number that most accurately reflects the value you think this workshop session had.)

No Value At All											Highest Value
0	1	2	3	4	5	6	7	8	9	10	

9. Please rate this workshop (#3) in terms of the following. (Circle one response number for each component.)

		Not Worthwhile				Very Worthwhile
a. Overall session.....	1	2	3	4	5	6
b. Activities/exercises.....	1	2	3	4	5	6
c. FAMILY GUIDE.....	1	2	3	4	5	6
d. Leaders' skills.....	1	2	3	4	5	6
e. Video segments from Guiding Good Choices.....	1	2	3	4	5	6

10. What did you like most about this workshop session (#3)?

11. How could this workshop session (#3) be improved?

Evaluation of Parent Workshop

After Session #4

“Managing Conflict: How to Control and Express Your Anger Constructively”

Please help us improve this program by answering the following questions. This information will be used only to evaluate the effectiveness of the program. Because the researcher must keep track of each participant’s answers on this form, some identification number is necessary. Therefore, we are asking that you provide us with a four-digit code to use to keep your questionnaires together for statistical comparison purposes only. Please use the same code each time you complete one of these questionnaires. Your name will not appear on this or any other questionnaires. Thank you for your help. Please feel free to address any questions to your Workshop Leader.

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- a. _____
Site (building, school or church name)
- b. _____
Name of Workshop Leader
- c. _____
Name of Workshop Leader
- d. _____
Date

3. How much do you agree with the goal of holding a family meeting on managing family conflict, as presented in today’s session?

- Strongly Agree..... 1
- Agree..... 2
- Neutral or Mixed..... 3
- Disagree..... 4
- Strongly Disagree..... 5

4. Will you hold a family meeting on managing family conflict during the upcoming week?

- Definitely..... 1
- Probably..... 2
- Maybe..... 3
- Probably Not..... 4
- Definitely Not..... 5

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5. Would holding a family meeting on managing family conflict help your family improve its ability to manage conflict?

- Definitely..... 1
- Probably..... 2
- Maybe..... 3
- Probably Not..... 4
- Definitely Not 5

6. If you hold family meetings to manage family conflict on an “as needed” basis, will you become more effective in helping your child(ren) avoid problems with alcohol and other drugs?

- Definitely..... 1
- Probably..... 2
- Maybe..... 3
- Probably Not..... 4
- Definitely Not 5

7. Please indicate how much you agree with the statements below. (Circle one number on each line.)

	Strongly Agree	Agree	Tend to Agree	Neutral	Tend to Disagree	Disagree	Strongly Disagree
a. When you are angry with your child, it is always best to tell him/her immediately.	1	2	3	4	5	6	7
b. Yelling at children when you're angry with them gets the best results.	1	2	3	4	5	6	7
c. When parents are angry with their children, they should keep the specific reasons for their anger to themselves.	1	2	3	4	5	6	7
d. There are times when it's important to control your anger and not express it right away.	1	2	3	4	5	6	7
e. It's important for family members to practice anger management skills even if it makes them uncomfortable.	1	2	3	4	5	6	7
f. Everyone gets angry in his or her own way, so teaching people how to express anger is a waste of time.	1	2	3	4	5	6	7

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8. On a scale from "0" (no value at all) to "10" (highest value), how do you rate the value of this workshop session (#4) overall in your plans to work with your child(ren) to prevent alcohol and other drug use? (Circle the number that most accurately reflects the value you think this workshop session had.)

No Value At All											Highest Value
0	1	2	3	4	5	6	7	8	9	10	

9. Please rate this workshop session (#4) in terms of the following. (Circle one response number for each component.)

		Not Worthwhile				Very Worthwhile
a. Overall session.....	1	2	3	4	5	6
b. Activities/exercises.....	1	2	3	4	5	6
c. FAMILY GUIDE.....	1	2	3	4	5	6
d. Leaders' skills.....	1	2	3	4	5	6
e. Video segments from <i>Guiding Good Choices</i>	1	2	3	4	5	6

10. What did you like most about this workshop session (#4)?

11. How could this workshop session (#4) be improved?

Evaluation of Parent Workshop After Session #5

“Involving Everyone: How to Strengthen Family Bonds”

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1. Four-digit code:

_____	_____	_____	_____
↑ first letter of your mother's maiden name	↑ ↓ the last 2 digits of the year you were born	↑	↑ the first digit of your Social Security number

2. Workshop Information:

- a. _____
Site (building, school or church name)
- b. _____
Name of Workshop Leader
- c. _____
Name of Workshop Leader
- d. _____
Date

3. How much do you agree with the goal of holding a family meeting to reallocate family tasks, as presented in today’s session?

- Strongly Agree..... 1
- Agree..... 2
- Neutral or Mixed..... 3
- Disagree..... 4
- Strongly Disagree..... 5

4. Will you hold a family meeting to reallocate family tasks during the upcoming week?

- Definitely..... 1
- Probably..... 2
- Maybe..... 3
- Probably Not..... 4
- Definitely Not 5

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5. Would holding a family meeting to reallocate family tasks help your children become more positively involved in your family?

- Definitely..... 1
- Probably..... 2
- Maybe..... 3
- Probably Not..... 4
- Definitely Not 5

6. On a scale from “0” (no value at all) to “10” (highest value), how do you rate the value of this workshop session (#5) overall in your plans to work with your child(ren) to prevent alcohol and other drug use? (Circle the number that most accurately reflects the value you think this workshop session had.)

No Value At All												Highest Value
0	1	2	3	4	5	6	7	8	9	10		

7. How do you rate this workshop session (#5) in terms of the following? (Circle one response number for each component.)

	Not Worthwhile				Very Worthwhile	
a. Overall session.....	1	2	3	4	5	6
b. Activities/exercises.....	1	2	3	4	5	6
c. FAMILY GUIDE.....	1	2	3	4	5	6
d. Leaders’ skills.....	1	2	3	4	5	6
e. Video segments from <i>Guiding Good Choices</i>	1	2	3	4	5	6

8. What did you like most about this workshop session (#5)?

9. How could this workshop session (#5) be improved?

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10. In your opinion, how important is parent involvement in preventing alcohol and other drug use among youth? (Please circle the number corresponding to your answer.)

Extremely Unimportant								Extremely Important
1	2	3	4	5	6	7		

11. Please indicate how much you agree with the statements below. (Circle one number on each line.)

	Strongly Agree	Agree	Tend to Agree	Neutral	Tend to Disagree	Disagree	Strongly Disagree
a. Children are no different from adults in terms of how drugs physically affect them.	1	2	3	4	5	6	7
b. Drugs that are legal for adults to use (alcohol and nicotine) are the frequent starting point for children's drug use. They open the "gate" to use of other drugs.	1	2	3	4	5	6	7
c. Starting to use alcohol or other drugs at an early age greatly increases the risk a child will develop a drug problem.	1	2	3	4	5	6	7
d. Parents can reduce the chance their children will begin using drugs.	1	2	3	4	5	6	7
e. Children who are bonded to their families are less likely to use drugs.	1	2	3	4	5	6	7
f. Developing a family position on drugs encourages children to test and often break rules.	1	2	3	4	5	6	7
g. Parents should identify positive consequences for following rules as well as negative consequences for breaking rules.	1	2	3	4	5	6	7

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- h. Good family management reduces the risk of drug use. 1 2 3 4 5 6 7
- i. Parents should be able to explain the reasons for any differences in positions on alcohol and other drug use for different family members. 1 2 3 4 5 6 7
- j. Children can tell what their parents think about the use of alcohol and other drugs even if their parents never say so directly. 1 2 3 4 5 6 7
- k. The best way to prevent drug use is for parents to simply lay down the law to their children. 1 2 3 4 5 6 7
- l. Before parents can develop a clear family position on drug use, they must be clear about their own views. 1 2 3 4 5 6 7
- m. Family meetings to make decisions and rules are a waste of time. 1 2 3 4 5 6 7
- n. To stay out of trouble with drugs, what young people need to do is say “no” and walk away. 1 2 3 4 5 6 7
- o. Young people do what their friends do and there’s not much parents can do about it. 1 2 3 4 5 6 7
- p. Most children are first offered drugs by friends or family members. 1 2 3 4 5 6 7
- q. Part of learning to say “no” to drugs is to suggest something different to do with friends. 1 2 3 4 5 6 7

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- r. Young people who refuse to try alcohol or other drugs should be prepared to lose popularity. 1 2 3 4 5 6 7
- s. It's important for family members to practice new skills together even if it makes them uncomfortable at first. 1 2 3 4 5 6 7
- t. When you are angry with your child, it is always best to tell him/her immediately. 1 2 3 4 5 6 7
- u. Yelling at children when you're angry with them gets the best results. 1 2 3 4 5 6 7
- v. When parents are angry with their children, they should keep the specific reasons for their anger to themselves. 1 2 3 4 5 6 7
- w. There are times when it's important to control your anger and not express it right away. 1 2 3 4 5 6 7
- x. It's important for family members to practice anger management skills together even if it makes them feel uncomfortable at first. 1 2 3 4 5 6 7
- y. Everyone gets angry in his or her own way, so teaching people how to express anger is a waste of time. 1 2 3 4 5 6 7
- z. Children should be involved in deciding what the family rules will be. 1 2 3 4 5 6 7

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- | | | | | | | | |
|-----------------------------------------------------------------------------------------------------------|---|---|---|---|---|---|---|
| aa. Discussions about family finances are private. Children should not be involved. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| bb. Parents should reward their children for doing chores. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| cc. Children know when their parents are pleased with them so parents don't need to say so directly. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| dd. The only way to get your children to do family tasks is to lay down the law. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| ee. Telling your children you love them only embarrasses them. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| ff. Asking your children to do chores for the family only increases their resentment. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |

12. If you hold a family meeting to plan family fun on a regular basis, will you become more effective in helping your child(ren) avoid problems with alcohol and other drugs?

- Definitely..... 1
- Probably..... 2
- Maybe..... 3
- Probably Not.....4
- Definitely Not5

13. If you hold family meetings to clarify your position on alcohol and other drugs on an "as needed" basis, will you become more effective in helping your child(ren) avoid problems with alcohol and other drugs?

- Definitely..... 1
- Probably..... 2
- Maybe..... 3
- Probably Not.....4
- Definitely Not5

14. If you coach your child(ren) on Refusal Skills on a regular basis, will you become more effective in helping your child(ren) avoid problems with alcohol and other drugs?

- Definitely..... 1
- Probably..... 2
- Maybe..... 3
- Probably Not..... 4
- Definitely Not 5

15. If you hold family meetings to manage family conflict on an “as needed” basis, will you become more effective in helping your child(ren) avoid problems with alcohol and other drugs?

- Definitely..... 1
- Probably..... 2
- Maybe..... 3
- Probably Not..... 4
- Definitely Not 5

16. If you hold family meetings to reallocate family tasks on an “as needed” basis, will you become more effective in helping your child(ren) avoid problems with alcohol and other drugs?

- Definitely..... 1
- Probably..... 2
- Maybe..... 3
- Probably Not..... 4
- Definitely Not 5